

Monday 24<sup>th</sup>, January 2022

Dear Parent/Guardian

Year 10/11 GCSEPod Launch and Exam Preparation

**GCSEPod Launch:** We are delighted to announce that Flint High School has invested into GCSEPod, an award-winning digital revision provider, used by over 1,700 schools worldwide and containing revision materials for 27 subjects.

As a subscriber, your child now has access to GCSEPod’s library of over 6,500 ‘Pods’ - 3-5 minute videos designed to deliver knowledge in short bursts. GCSEPod makes learning and revision much more manageable; every Pod contains all of the right facts, quotes, keywords, and annotated diagrams that your child needs for GCSE success, as well as allowing them to work independently from home. GCSEPod can be downloaded onto your child’s mobile device from the App Store (Apple and Android). GCSEPod also has a host of Student Learning Activities which are designed to help students absorb GCSE content into their long-term memory, through teacher set assignments and quizzes.

We recommend that you talk about GCSEPod with your child and check that they’ve successfully activated their account and encourage them to make use of this incredible resource. GCSEPod is going to be launched to pupils during their weekly growth lesson, w/c 24<sup>th</sup> January 2022.

For more ways to support your child using GCSEPod, please visit:

<https://www.gcsepod.com/parent-resources/>

There are also links to upcoming parent/carer webinars at:

<https://www.gcsepod.com/podup-presents-parent-webinars/>

**Year 10 & 11 Growth Lessons:**

Every week students have a one-hour Growth lesson. In this lesson, they will be working on developing motivation to succeed, organisational skills and strategies to revise effectively. Each lesson has a video resource, which can be revisited by students at home and follow up activities to practise and develop the skill focus. These lessons can also be accessed using the itslearning parent login (username: parent / password: parent). They can be found in the KS4 Blended Learning course in the Growth Learning Plan.

**Growth Lesson schedule:**

W/C 10th Jan - Overcoming obstacles	W/C 7th Feb - Grit & Determination	W/C 14th March - Managing reactions to feedback
W/C 17th Jan - Growth Mindset	W/C 14th Feb - Retrieval Practice	W/C 21st March - Flashcards
W/C 24th Jan - GCSE Pod	W/C 28th Feb - Improving Effort	W/C 28th March - Revision Logs
W/C 31st Jan - Developing habits	W/C 7th March - The Bottom Left: prioritising tasks	W/C 4th April - Celebrate & Plan for Success

**Form time:**

In Years 10 and 11 there is a weekly form time focus linked to motivating and challenging students to strive to be the best that they can be. The first sessions focused on ‘finding your purpose’ and asked students to identify the important things in their lives and to evaluate how these aspects contributed to their life. Students were also given ‘big’ questions to help them to think about and better understand what they wanted to achieve this year and to consider a future career.

The sessions in the Autumn term also focused on student motivation and form tutors worked with students on understanding self-belief and the importance of it. The sessions were motivational and considered how and why students need to accept responsibility for themselves and know what is meant by using your initiative.

**Form time schedule:**

W/C 17 <sup>th</sup> January 2022 - We can all grow (Growth Mindset)	W/C 14 <sup>th</sup> February 2022 - Rest and Recovery - making sure we take breaks from revision	W/C 21 <sup>st</sup> March 2022 - Getting organised	W/C 3 <sup>rd</sup> May 2022 - My support network
W/C 24 <sup>th</sup> January 2022 - Setting Goals	W/C 1 <sup>st</sup> March 2022 - The importance of sleep to health and wellbeing	W/C 28 <sup>th</sup> March 2022 - Improving my organisations skills and being prepared	W/C 9 <sup>th</sup> May 2022 - Improving my resilience
W/C 31 <sup>st</sup> January 2022 - The importance of physical activity to our wellbeing	W/C 7 <sup>th</sup> March 2022 - Tips for improving mental energy	W/C 4 <sup>th</sup> April 2022 - Organisational Tips and Techniques	W/C 16 <sup>th</sup> May 2022 - Healthy Mindset
W/C 7 <sup>th</sup> February 2022 - The importance of eating well when under pressure	W/C 14 <sup>th</sup> March 2022 - Stress management and tips for staying calm	W/C 25 <sup>th</sup> April 2022 - Personal Strategy for exams	W/C 23 <sup>rd</sup> May 2022 - Healthy body & mind

Thank you for your continued support with your child’s progress and as a school, we look forward to launching GCSEPod this week.

Yours sincerely

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