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Wales

Ebost/Email:
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Ffôn/Tel: 03000 859992

Date: **28/06/21**

Dear Parent or Carer,

Re: Confirmed Lateral Flow Test (COVID-19) in Flint High School

NHS Wales Test, Trace, Protect trace everyone who have been in contact with a person who has tested positive for COVID-19 (Coronavirus).

We are currently working with TTP based on the following cases;

1. A number of confirmed Lateral Flow Tests Year 10
2. A small number of Year 9 students who have been identified as close contacts of the Year 10 cases.

Therefore the Year 10 group are to isolate pending results of PCR testing. Please note that it is only a small number of Year 9 students affected, and parents of these students have been updated as necessary.

Self-isolation advice **requires your child to stay at home;**

- **Not to go outdoors to exercise, to visit shops, family or friends, or to other public spaces.**
- **Please do not invite people to your house or mix with others from your school. Your child must remain at home; however other household members are able to continue with their usual activities.**
- **Do not meet up with other members of the isolating bubble**
- **If at any point someone in the household becomes symptomatic, then the whole household should isolate. At this point, a test should be booked for the person with symptoms.**

If your child is still well at the end of the self-isolation period (to be confirmed), and no other household member is symptomatic, they can return to their usual activities. We will update each group accordingly as soon as practical.

To reduce the risk of COVID-19 spreading, there are things that everyone in your family can do to help. These include:

- washing hands with soap and water often – do this for at least 20 seconds



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- using hand sanitiser gel if soap and water are not available
- washing hands as soon as they get home
- covering their mouth and nose with a tissue or sleeve (not their hands) when they cough or sneeze
- putting used tissues in the bin immediately and washing hands afterwards

Please be **alert for symptoms of COVID-19 in your child**, which are:

- A new or continuous cough
- A high temperature
- A loss of or change to sense of smell or taste

If your child develops any of these symptoms, even if they are mild:

- Book a test for them by phoning 119 or through the online portal:
<https://www.nhs.uk/ask-for-a-coronavirus-test>
- Inform the School that they are unwell with COVID-19 symptoms and that you have requested a test
- Your child should remain in self-isolation
- All other household members should isolate for 10 days from when your child developed symptoms
- Do not visit a GP surgery, pharmacy or hospital but if you require medical advice please contact NHS 111 or telephone your GP; if there is a medical emergency phone 999
- If you require medical advice for COVID-19 symptoms or another reason, please inform the healthcare worker that your child is a contact of a case of COVID-19 and in self-isolation
- Please follow the advice provided when your child receives their test result

Further formation on Test, Trace, Protect can be found here

<https://gov.wales/test-trace-protect-coronavirus>

Further information on symptoms and self-isolation can be found here

<https://gov.wales/symptoms-and-self-isolation-contact-tracing>

For general information on COVID-19 <https://gov.wales/protect-yourself-others-coronavirus>

The COVID-19 online symptom checker can tell you if you need medical help and advise you what to do <https://gov.wales/check-if-you-need-coronavirus-medical-help>

With best wishes,

Jim Connelly



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HEAD TEACHER

On behalf of Public Health Wales Health Protection Team